

Health & Safety

Lone Working

Sometimes, part of your role might involve working alone, whether it's arriving early, staying late, working off-site, or being in a location where no one else is immediately around. While lone working isn't unusual, it does come with some extra considerations when it comes to safety.

We want everyone to feel safe and supported, even when working solo.

What counts as lone working?

You might be considered a lone worker if:

- You're working outside normal hours with no one else around.
- You're based at a remote or off-site location by yourself.
- You're visiting sites alone.
- You're travelling solo for work purposes.

Our approach to keeping you safe

We take lone working seriously and do our best to identify any risks and reduce them wherever possible. That might include:

- Doing a quick risk assessment if the situation calls for it.
- Making sure you're trained and confident to handle the task alone.
- Setting up regular check-ins if you'll be out of contact for a while.
- Making sure you have the right equipment or access to support (e.g., a phone, first aid kit, or emergency contact info).

What we ask from you

If you're working alone, here are a few simple things you can do to stay safe:

- Let someone know where you are and when you expect to finish.
- Keep your phone charged and within reach.
- Trust your instincts—if something feels off, don't ignore it.
- Know how to get help quickly if needed, whether that's calling a colleague, your manager, or the emergency services.

If you're ever unsure about whether a situation is safe to work alone, or if you feel uncomfortable, please speak up. Your safety comes first, always.

Let us know

If your role involves regular lone working, we'll work with you to make sure any risks are properly managed. That might include creating a more detailed plan for check-ins, equipment, or safety protocols tailored to your situation.